Hampshire: Services to support children and young people experiencing bereavement and loss

National Organisations

- **Child Bereavement UK**

Advice and support for children & young people, parents & carers & professionals. Variety of support available
Web: https://www.childbereavementuk.org/
Helpline: 0800 02 88840

- **Hope Again (youth website of Cruse)**

Advice and support for children & young people, parents and carers and professionals. Variety of support available
Web: https://www.hopeagain.org.uk/

- **Winston's Wish**

Advice and support for children & young people, parents & carers & professionals. Variety of support available
Web: https://www.winstonswish.org/
Helpline: 08088 020 021

- **Childhood Bereavement Network**

National hub for those supporting bereaved children. Advice, resources and signposting for children & young people, parents & carers & professionals
Web: http://www.childhoodbereavementnetwork.org.uk/help-around-a-death/what-you-can-do/for-young-people.aspx

- **Grief Encounter**

Advice and support for children & young people, parents & carers and professionals. Variety of support available including support through social media
Web: https://www.griefencounter.org.uk/
Helpline: 0808 802 0111

- **Young Minds**

Advice and support for teenagers, parents & carers. Signposting to above organisations for direct support
Web: https://youngminds.org.uk/find-help/feelings-and-symptoms/grief-and-loss/?gclid=EAIaIQobChMImfuR1J3E6AIVBbTtCh2XlgcTEAAYBCAAEgL3rPD_BwE

- **NHS**

Advice and signposting
Web: https://www.nhs.uk/conditions/stress-anxiety-depression/children-and-bereavement/

- **APPS**

Grief: Support for Young People (Apple & Android)

Local Organisations

- **Simon Says**

Advice and support for children & young people, parents & carers, and professionals. Variety of support available
Web: https://www.simonsays.org.uk/
Support line: 023 8064 7550

- **Hampshire & IOW Educational Psychology (HIEP)**

Support, guidance, and resources for professionals working with children and young people
North (Basingstoke): 01252 814 835
South (Havant): 02392 441 497
East (Rushmoor): 01252 814 729
West (Winchester): 01962 876 239
Isle of Wight: 02392 441 497
HIEP also provide ELSA training and supervision for Hampshire – contact your local office for further information

- **The Red Lipstick Foundation**

Support for families bereaved by suicide, targeted support available for children and young people
Web: http://www.theredlipstickfoundation.org/

- **Hampshire Connect To Support**

Signposting to local resources for death and bereavement
Web: https://www.connecttosupporthampshire.org.uk/

- **CAMHS**

Advice, support and guidance for children and young people, parent & carers, and professionals. Variety of support available including specialist mental health support where appropriate
Web: https://hampshirecamhs.nhs.uk/issue/bereavement-loss/

Training and Resources

- **Winston's Wish**

Online bereavement training for schools
Web: https://www.winstonswish.org/bereavement-training-courses-schools/

- **Simon Says**

Telephone support line, training, and resources
Web: https://www.simonsays.org.uk/information-for-schools/

- **RADE Resource Centre (Hampshire only)**

Books and resources to support staff discuss death with CYP for education professionals, KS1-2/3

- **ELSA Support**

Books and workbooks EY-KS2
Web: http://www.elsa-support.co.uk/bereavement-resources-for-parents-and-school-staff/
Contact HIEP for local ELSA training and supervision

- **HCC Postvention Protocol for Schools and Colleges**

Web: https://www.hampshirescp.org.uk/resource-library/prevention-and-postvention-protocol-for-hampshire-schools-and-colleges/

- **Samaritans: Step-by-Step**

Advice, guidance and support for teachers and other education professionals when a student has been affected by suicide
Helpline: 0808 168 2528

Hampshire Safeguarding Children Partnership

https://www.hampshirescp.org.uk
@HampshireSCP